

## MERCY,COMPASSION, FORGIVENESS...

If you are suffering from grief after having had an abortion, remember that God always offers forgiveness. Nothing is unforgivable and the Church is the hospital of healing. Just as the father ran to the prodigal son when he came home, so too is God waiting with open arms to receive you back home!

## 2025 Retreat Dates May 16-18 Oct. 17-19 ur Lady of the Angels Retreat Co

Our Lady of the Angels Retreat Center at Sisters of Mt. Assisi - Lemont, IL

## **Rachel's Vineyard** Retreats for Healing After Abortion

Rachel's Vineyard weekend retreats offer a beautiful opportunity for healing to any woman or man who has struggled with the emotional or spiritual pain of an abortion.

The retreat is a chance to get away from the daily pressure of work and family, to focus on a painful time in life, and to begin healing through a supportive and non-judgmental process.

Many preconceived fears of condemnation are transformed into blessings; memories of abandonment, pain, and confusion are replaced by reconciliation, grace and peace.

Spiritual exercises focusing on God's forgiveness, compassion, and mercy are shared through psychological exercises that help participants work through repressed grief and anger that may exist.

The retreat concludes with a Memorial Service. The weekend will help your soul find a voice and transform the pain of the past into love and hope.

Information, prayer, registration call: 815-370-8118 or 815-634-3796 or go to

## www.rachelsvineyard.org

Do not continue to live in the shame, fear or numbness – call the Rachel's Vineyard tollfree national hotline at 877 HOPE 4 ME (877-467-3463)