

Day 4

“I have decided to go to the Moro Islands to assist the Christians in spiritual matters, exposing myself to every danger of death, placing all my confidence and hope in God our Lord, desiring to conform myself, in keeping with my slight and feeble strength, to the saying of Christ our Redeemer and Lord that ‘whoever wishes to save his life will lose it, but whoever loses his life for my sake will save it.’”⁶

*Letter to the Jesuits of Europe from Amboina in India
10th May 1546*

Reflection

- What activities, pastimes, possessions, and relationships in my life are non-negotiable?
- Do any of these things get in the way of my relationship with God?
- What do I need to relinquish to be free to be my true self in following God’s calling?

Prayer

**Lord,
before I ever came into being
you knew me and loved me.
You have knit me together the way I am,
and given me life and laughter,
friends and the faces of kind strangers,
and a world of wonder and new discovery.
Grant me the freedom
and the courage
to discover you anew each day
in the people I meet, in the places I go,
in the sounds I hear and the things I see.
Through Christ our Lord.
Amen.**

⁶ Mark 8:35