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Learn More About Rachel's Vineyard Retreats for Healing After Abortion

A Path Toward Peace, Hope, and Restoration

If you're carrying emotional or spiritual pain after an abortion, you don't have to face it alone. Rachel's Vineyard offers a confidential, supportive weekend retreat where you can step away from daily pressures and begin healing in a safe, non-judgmental environment. Through guided reflection, spiritual exercises, and opportunities to process grief, many participants experience a deep sense of reconciliation, compassion, and renewed peace. The retreat concludes with a Memorial Service that can help honor your story and open space for hope.

Retreat dates

- May 1–3, 2026
- October 2–4, 2026

Retreat Location

Our Lady of the Angels Retreat Center,
14230 Main St, Lemont, IL 60439

Register by Contacting

- **Heidi Miller**
(815) 634-3796
hmillercare@gmail.com
- **Kay Corcoran**
815-370-8118
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You are not meant to live in shame, fear, or numbness. Take a step toward healing.

Call the vineyard hotline at 877-467-3463 for confidential support if you need someone to talk to.